



Keezlenutten News

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MARCH 2015

Summer Camp Dates

We will be having 7 weeks of horse camp this summer.

June 15 - 19 Advanced Camp - only 5 spots left!!

June 22 - 26 All Levels

July 6 - 10 Intermediate Camp - only 5 spots left!!

July 13 - 17 All Levels

July 20 - 24 Intermediate Camp

August 3 - 7 All Levels

August 10 - 14 Half Day Camp - only 4 spots left!!

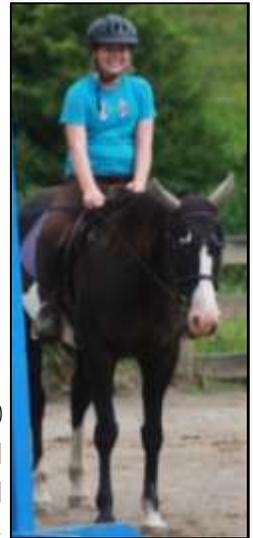
The first 6 weeks of camp are Full Day. They run from 8-4:30 Monday - Friday and cost \$350 a week. Students ages 8-18 will get hands on experience learning about caring for a horse and will ride two times a day. On Friday there will be a demonstration at 2:30 for friends and family to come watch.

Advanced Camp is for students that are comfortable cantering jumps of at least 2'.

Intermediate Camp is for students that are trotting to jumps.

The three weeks of camp listed as All Levels are for anyone, no previous experience required. Campers will be grouped by skill level for their riding time.

Half Day camp is for students ages 6-10 and runs from 9am - 1pm Monday - Friday. The cost is \$225 a week. This camp is for children who have never ridden before or who have limited experience.



UPCOMING SHOWS

Bridgewater Jumper Show March 22

CVSIA April 12

Bridgewater Jumper Show May 10





Summer Horse Shows

We are looking forward to hosting 4 horse shows this year.

They will be on:

June 13

August 1

September 12

October 3

We will start off with our jumper divisions at each show. There will be a Just Starting division that is judged 50% on equitation and 50% on jumper style. The fences will be **no higher than 2'.** After that, there will be standard jumper divisions at **heights of 2' - 3'.** The three classes in each of these divisions will include timed first round, jump off and power and speed.

Next up there will be equitation classes for Just Starting (walk/trot only), Beginner (walk/trot/individual canter), Intermediate (walk/trot/small group canter, crossrails and small verticals) and an Open Division with a flat class and two **over fences classes at 2'.**

Next there will be a Beginner Hunter division with 2 over fences classes, **no higher than 21", and a flat class.**

Lastly, there will be a Beginner Pleasure division (geared towards riders that would be competing in the first three divisions of the Equitation portion of the show) and an Open Pleasure division for all riders.

Holly Keplinger will be back as our judge for each of the

shows and Jenner Brunk will be selling her yummy food!

These are fun and relaxed shows, perfect for students just starting out, trainers with young horses or anyone looking to have some fun!! Prize lists will be available later this year.



Meet a Working Student



Ally is a working student on Wednesdays. She is a senior at East Rockingham High School and is planning on going to Blue Ridge Community College in the fall. She has been taking lessons at the farm since 2011, but has ridden horses most of her life. Last fall she interned with Dayton Animal Clinic and currently she is interning with Marcus Wise. She is hoping to go to Vet School! This is her with Ginger at a jumper show.

New Horses At The Farm



“Joey” is an 11 year old buckskin German Warmblood (though he is actually 3/4 Thoroughbred) gelding. He is being leased by Dot and Michelle from a woman in Williamsburg. He will also be used in our lesson program on a limited basis. Before coming to our farm, Joey was mostly doing dressage, but had done Hunter/Jumper work a few years prior. He required a little retraining at first, but has since gotten back into the jumping routine!



“Patrick” is an 8 year old blue roan (he looks almost black from far away, but up close you can see the grey hairs mixed in) AQHA gelding. He is Jennifer Parker’s new horse but will be used in lessons on a limited basis as well. Patrick has a great temperament and a very willing attitude. He takes a little leg, but he is very forgiving and fun to ride.

Big Brothers Big Sisters

For those of you that don’t know, Danielle has been a Big Sister since 2006. She really enjoys it and feels like it is a very important program in the community. This year, she has joined the Green Valley Auction team for Bowl for Kids Sake, which will take place on March 21, and she is trying to raise money to meet her goal. If you would like to contribute to this very worthy cause, you can follow this link: <https://www.kintera.org/faf/donorReg/donorPledge.asp?ievent=1125553&supId=419655419> All donations go directly to the program and will help make more matches possible. If you would rather donate in person, Danielle would be happy to meet up with you to accept a check. A receipt for tax purposes can be provided, since BBBS is a 501(c)3 organization. Thanks in advance!!

Food Drive

Considering the weather and the lack of lessons we had, our food drive last Fall was pretty successful. We were able to bring a large box to Massanutten Presbyterian Church (one of the local food banks) a week before Christmas. I am hoping to do another food drive in the Spring.



Keezlenutten Quiz (answers in next issue):

1. What is the normal range for resting heart rate of a horse?
2. What is a horse’s normal temperature range?
3. What is the normal respiration rate for a horse?

Keezlenutten Farm



Keezlenutten Farm, LLC

3442 Keezlenutten Ln.
Keezletown, VA 22832

Phone: 540-269-2227

Cell: 540-290-3731

E-mail: danielle@keezlenutten.com

<http://www.keezlenutten.com>

Keezlenutten Farm, LLC is located in the heart of the Shenandoah Valley just minutes away from Harrisonburg, VA, Massanutten Resort and I-81.

We offer:

- Hunter/Jumper riding lessons for all levels of riders age 6 and up
- sales of quality lesson & trail horses
- summer day camps for ages 6 and up

The next time you're in the area, set up a time to come out and enjoy our horses!

Getting a Horse Back Into Shape

Just like when an athlete comes back from an injury or downtime, a horse needs to come back into work **slowly after time off**. **If you don't** take the proper time to fully rebuild **your horse's strength, you can cause** reinjury or even a new injury.

As an example of a recovery plan, if a horse had been confined to a stall for 2 months, we would start with a few hours a day of turn out in a small paddock for about a week. After that, we would turn him out full time in the paddock for another week before turning him back out in his normal pasture. After a week of turnout in their normal pasture (and monitoring of his injury site to en-

sure there is no heat or swelling), you could then start back into very light work. The first week might include walking 10 minutes in each direction and then one time in each direction of the trot. From there you would increase trotting up to 5 minutes for a week. After that, you could start adding in small amounts of cantering. A good rule of thumb is you should spend at least the same amount of time bringing your horse back as he was out of work.

Tendon or ligament injuries might take longer to fully recover. And with these injuries, you should have the vet out throughout the recovery period to check the area to ensure

proper healing.

Obviously, there are some injuries from which a horse might not fully recover. However, with time, patience and a good recovery plan set up with the vet, most injuries can be overcome.



Last Month's Keezlenutten Quiz Answers:

1. What is the part of the horse that controls the tail? Dock
2. What tool can be used to locate a bruise or soreness in a horse's foot? Hoof Testers
3. What test is required to show a horse? Coggins